

KARNAC

Review

Summer 2017



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Opening up about mental health

Welcome to the new and improved Karnac Review. For the last few years the Review has mainly featured as a catalogue to showcase our new titles. We have now expanded it to include a number of features and articles from Karnac authors and other respected figures in the field.

We hope that this issue's contributions, from Yannis Grammatopoulos and Pat Frankish among others, will be food for thought. For some of you the description of an analyst's day (p.4) may be rather familiar – for others it may be utterly alien. In future we will hear from other individuals with very different working practices.

This year marks ten years since the foundation of the Harris Meltzer Trust, in which time Karnac and the Trust have jointly published over 30 titles. On p. 6 the editor Meg Harris Williams discusses the legacy of its progenitors and what the future holds for the HMT.

In the wider world, matters of the mind are as relevant as ever. In recent weeks the UK's two young princes have thrown their weight behind mental health initiatives. The general election, taking place as this Review is distributed, will surely have an effect on policy and funding for mental health care, as well as the very future of the NHS.

How open should we be about mental health? This is one of the questions that has recently come to the fore. The limits to public discussion of psychological issues are evident. Professionals are largely bound by patient confidentiality, and patients often have no wish to shout about their ongoing mental health issues. But only with openness can the stigma be reduced.

Similarly, is it ever appropriate to hypothesise about the mental state of a public figure? Most professionals would say no. But some argue that it is entirely in the public interest to raise the possibility that a head of state may not be fit for the job, and that a powerful leader suffering from, say, a narcissistic or sociopathic disorder, may actually be dangerous.

Clearly there is a balance to be found. Discussion without context is not always helpful, and can even help to reinforce the stigma that so many face. But surely openness about these issues can only be a positive thing. As many still grow up in countries, communities, and families where psychological troubles are a shameful secret, it is essential that those who are able to speak up for those who are not. Only then can there be any hope of a world where mental ill health is taken as seriously as physical ill health and treated accordingly.

First-time author

Yannis Grammatopoulos, psychologist and psychoanalytic therapist

There is a certain link between the topic of psychosis and the experience of writing a book about it: the feeling of anxiety. Although it is the madman's body and soul that anxiety can overwhelm at any point, the author of *Above the Ground and Beneath the Clouds*, a book on the conceptualisation and treatment of schizophrenia, did not escape experiencing anxiety either.

There were three main reasons for this feeling: first, the vital importance of the topic itself, which is not simply a matter of theoretical interest, but touches upon the actual suffering of psychotic individuals, people whose bodies lay 'above the ground and beneath the clouds'; treating this aspect of the psychotic's experience with due respect was a continuous concern. Then, there was the challenge to delve into the depths of psychoanalytic knowledge and confront Freud and Lacan's approach to psychosis; a task that only the ignorant treat lightheartedly. And, finally, there was the task of writing in English; a language for which I have great admiration and affection, yet can hardly claim its mastery. Nonetheless, to write and pursue the circulation of this book required overcoming the anxiety linked to those challenges.

This came from paying respect to the subjectivity of one more individual next to the psychotic subjects discussed in the book: the author. Indeed, the key in overcoming the inhibition that anxiety was causing lay in approaching the obstacles mentioned above not with

the attitude of a master, which I was not, but with what I was: nothing more or less than a Greek-born psychologist and psychoanalytic therapist with a certain clinical experience with psychosis who did his doctoral research on this topic.

Thus, my approach to schizophrenia was enriched with examples from my clinical experience and with the case history of a nineteenth-century author whose works I had been reading and admiring since I was a teenager. Then, my reading of Freud and Lacan did not deviate from the approach of a doctoral student and psychoanalytic therapist, which I was while researching their works on psychosis. Finally, my approach to English was that of a foreigner with no claim to an elaborate use of this beautiful language yet gratitude for the fact that it gave me the opportunity to communicate my ideas to a wider audience than that of my mother tongue.

Therefore, by sticking to the subjectivity of the man whose name appears on the cover, I arrived at the completion of the book. However, this approach was not without side-effects, some of which are also discussed in the book. One example is a recurrent element of 'Greekness': I make frequent use of the Greek etymology for psychiatric terms, I am using a Greek case history and, as above, I discuss cases from my Greek-based clinical practice. In fact, this takes place to such an extent that the book might run the risk of seeming truly... Greek to the readers.

Yet, I believe they will understand

and excuse such minor disturbances. After all, side-effects like these show the reader that this book is the product of an approach that, if anything, highlights the importance of subjectivity. In its pages it is continuously argued that psychoanalysis aims at discovering the subjective character behind the psychotic's symptom, against the hyper-

modern rigour for objectivity and classification that neglects the actual cause of the suffering. A psychoanalytic account might be incomplete if, next to the subjectivity of the people the author is writing about, he neglected to pay attention to his own.

Above the Ground and Beneath the Clouds is out now.

My working day

Pat Frankish, clinical psychologist and psychotherapist

I usually get to the office by 9am after a good night's sleep, but may have been restless if there are things to write up that have been processed overnight. I have got into a pattern of thinking about an issue at bedtime and letting it resolve while I'm asleep. This works well for other issues as well as writing.

Decaf coffee made and then it's time for the first telephone supervision from 9am until 10. We have an interesting discussion about the therapist's work with Dissociative Identity Disorder (DID) clients and an opportunity to share the complexity. It all adds to the writing. Next it's off in the car to a home visit for therapy. This works for the individual and seems to be a good thing for people who struggle to hold on to their basic security. Keeping their safe base is right. This can be an issue if the traffic is bad, however. Back later, after two-hour session, and lunch eaten in the car (I really must stop doing that!).

Then there are a couple of hours to get some writing done, usually about 1000–1500 words in that time, sometimes more if it's all flowing

smoothly. There's time to have another drink, deal with emails, check if phone calls need returning and make decisions on new referrals. Can we do the work? Will it pay? Is it the right thing to do? If it's a child the answer is always yes but then we have to work out who will do it.

Three o'clock and another therapy client to see at the office, closely followed by another; tight for finishing at 5pm and not much time to make notes, so I'm a bit late leaving. These are not DID clients so not so stressful. One is long term and well known, and is working well with deep issues. The other is here for a short term adjustment to a new way of life and will leave soon.

It's been a busy day, lots of thinking and reflecting needed. Writing is the way to share what I'm learning so an important part of the working day. I can't imagine writing all day although I know some people do. My back would ache from sitting at the keyboard. I must go for a massage!

Pat Frankish's new book, *Holistic Therapy for People with Dissociative Identity Disorder* (co-edited with Valerie Sinason), is out now.

Series spotlight: Ten years of the Harris Meltzer Trust

Meg Harris Williams, editor

The HMT has now completed ten years as successor to the Roland Harris Educational Trust, which was established by Martha Harris and Donald Meltzer and published as the Clunie Press. Following the life-work and intentions of its three guiding figures, the Trust's objectives remain to advance psychoanalytic education, especially with regard to children and young people. In a rapidly changing context in both mental health and in publishing itself, the Trust has continued to produce between two and three books a year, thanks to the expertise and support of all the staff at Karnac.

Over this period the Trust has kept in print or produced new editions of many of the Clunie Press classics, such as Meltzer's seven books and Martha Harris's *Thinking about Infants and Young Children* and *Your Teenager*, Romana Negri's *The Newborn in the Intensive Care Unit*, and Roger Money-Kyrle's *Collected Papers*, together with a new edition of *Man's Picture of His World* which includes three of his seminal papers. A new edition of the *Collected Papers of Martha Harris and Esther Bick* was published as *The Tavistock Model* (as this educational system subsequently became known) and was followed by *Looking and Listening*, a Brazilian collection edited by Marisa Mélega using this model, an approach to psychoanalytic work founded on skills acquired from infant observation.

Owing to Meltzer and Harris's many years of working with atelier-

style supervision groups in different countries, a body of interesting case material exists which is valuable for future workers and we are gradually publishing some of this: from *The Story of Infant Development* which marked the Trust's inauguration in 2007, through Marisa Mélega's case studies in *Post Autism*, to the recent series *Meltzer in Venice*, *Meltzer in Paris*, and *Meltzer in Sao Paulo*. This also means we are increasingly involved with translations from and into other languages – one of the first of these being *Thanatos*, well known to practitioners in Finland.

The Trust's focus on education and teaching has evolved through *Teaching Bion*, *Teaching Meltzer*, and *A Meltzer Reader*, all with contributions from a variety of international workers. The Meltzer-Harris model of the child-in-the-family-in-the-community was published for the first time in English as a solo work, entitled *The Educational Role of the Family* (though long available in this form in other countries); together with their seminars on Adolescence, also similar to publications already available in other countries. *Enabling and Inspiring* was a long-awaited tribute to Martha Harris from her own students, documenting her mode of teaching and how it has been put into use by others over the years. We also designed and produced Judith Edwards' *Help!* guide for children starting psychotherapy, in the form of a child-friendly leaflet (now distributed by the ACP).

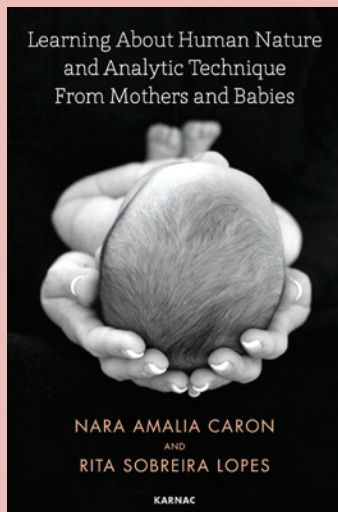
A longstanding interest by the

Trust's founders in the links between psychoanalysis, the arts, and aesthetics, is evidenced in the books with black covers – *Psychoanalytic Aesthetics* by Nicky Glover; *Freud's Lost Chord* by Dan Sapein; *Hamlet in Analysis* by Meg Harris Williams, and *Art and Analysis*, a collection of essays and extracts from the writings of Adrian Stokes. In addition *The Becoming Room* documents and revives a project begun long ago in the days of the original Roland Harris Educational Trust: the dramatization and filming of Bion's *A Memoir of the Future*, which has just been performed on stage in India (May 2017), with veteran Indian actor Tom Alter playing Bion.

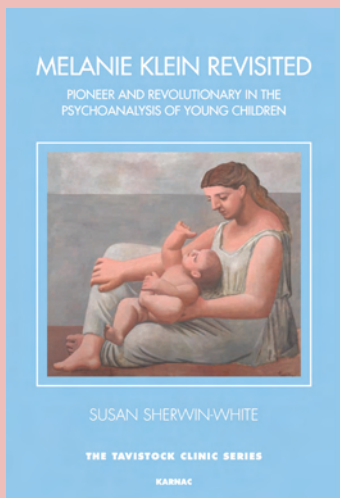
Forthcoming books include *Clinical Uses of the Aesthetic Conflict*, a review

of the clinical usefulness of one of Meltzer's key concepts, research from Colombia supervised by Cecilia Muñoz, and *Counterdreamers: Analysts Reading Themselves*, with a fascinating diversity of contributions which all nonetheless aim to flesh out the view (stated by Meltzer) that psychoanalytic writing is and should be a type of autobiography. My main wish as editor of the HMT, in these and in future books, is to encourage the analysis of authentic clinical struggles, to heed Bion's warning that psychoanalytic papers should not be 'a pain to read', and to represent Martha Harris's definition of 'the great social class of the truly educated people, the people who are still learning'.

Ten questions with... **Antonino Ferro**



May 2017 | 288 pages | Demy
9781782204848 | £29.99 / \$48.95



June 2017 | 288 pages | Demy
9781782203339 | £30.99 / \$49.95

Learning About Human Nature and Analytic Technique from Mothers and Babies

By **Nara Amalia Caron** and
Rita Sobreira Lopes

We have much to learn from mothers and babies not just about early life psychic phenomena that are active in us, but also about the analytic technique, when the internal setting becomes more important than the analyst's interpretative capacity. The infant observation method is a useful tool for the refinement of psychoanalytic listening of primitive phenomena and for the development of the containment and receptive capacity in the analyst or any professional who is dedicated to the early stages of development.

Nara Amália Caron is a medical doctor and a child, adolescent, and adult psychoanalyst.

Rita Sobreira Lopes is a Full Professor in Developmental Psychology, with emphasis on emotional development.

Melanie Klein Revisited Pioneer and Revolutionary in the Psychoanalysis of Young Children

By **Susan Sherwin-White**

The Tavistock Clinic Series

This book is relevant to professionals working in a wide range of contexts from a range of professional bases, as well as child psychoanalytic psychotherapists and analysts. It will also be of interest to those concerned with the history and development of child psychoanalysis and especially those interested in Melanie Klein's work in the UK and abroad.

Susan Sherwin-White trained at the Tavistock and was a Consultant Child and Adolescent Psychotherapist and Child Psychotherapy Lead at Hammersmith and Fulham CAMHS in the West London NHS Mental Health Trust. She died in 2016.

Handbook of Narrative Psychotherapy for Children, Adults, and Families Theory and Practice

By **Jan Olthof**

Jan Olthof combines philosophical, scientific and theoretical insights in the field of narrative psychotherapy and links them to sources of inspiration such as poetry, film, literature and art under the common denominator 'narrative thinking'. The diversity of insights in this book will be of interest to the experienced psychotherapist as well as to therapists at the beginning of their careers, who will undoubtedly derive inspiration from the case histories.

Jan Olthof is a psychotherapist in private practice. He also teaches, trains and supervises young colleagues newly active in the field of systems therapy, and is registered in this capacity with the Dutch Society of Relationship and Family Therapy.

Clinical Dialogues on Psychoanalysis with Families and Couples

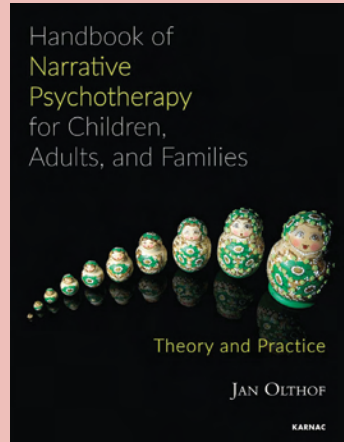
Edited by **David E. Scharff** and **Monica Vorchheimer**

The Library of Couple and Family Psychoanalysis

This book widens the scope of clinical and theoretical contributions on Couple and Family Psychoanalysis by collecting case presentations and discussions by analysts from Europe, North America, Latin America, China and Australia. The rich cross-fertilization across countries and analytic orientations stimulates cross-cultural thinking and deepens clinical exploration.

David E. Scharff, MD, is Chair of the IPA Committee on Family and Couple Psychoanalysis.

Monica Vorchheimer is a training and supervising analyst of the Buenos Aires Psychoanalytical Association and a full member of the IPA.



July 2017 | 368 pages | Crown Quarto
9781782202998 | £40.99 / \$66.95



June 2017 | 272 pages | Demy
9781782204411 | £27.99 / \$45.95



March 2017 | 272 pages | Demy
9781782205302 | £27.99 / \$45.95

OBSESSIONS

The Twisted Cruelty

By **Francesco Bisagni**

This book explores the interrelatedness between obsessive compulsive disorders, thinking disorders, and depression. The issue is considered both from a psychiatric viewpoint and from a psychodynamic perspective. The age of the cases presented in the book ranges from childhood through adolescence to adulthood.

Obsessions: The Twisted Cruelty is a challenging contribution to contemporary clinical debate, especially regarding the role of analytically-oriented psychotherapy in the treatment of OCD, and how to deal with the psychiatric treatment and combine the two approaches, while keeping the focus on the transference-countertransference interplay. After the first theoretical chapter, the relationship between obsessions and thinking impairments is discussed, with specific reference to delusional ideation. A section entitled “the anal conundrum” follows. Encopresis and anal masturbation during childhood are discussed, as well as the identification of the child with a maternal “faecal object.” The last section explores the connection with depression, and some specific features of sadism.

The author explores the Bionian and post-Bionian perspective on the one hand, as well as developments of the post-Jungian theory, such as the applications of the complexity theory, and the contemporary definitions of complex and archetype. The recent contributions of neuroscience research is also considered.

Francesco Bisagni, MD, is a psychiatrist, a Jungian analyst, and a Tavistock model trained child psychotherapist.

ANXIOUSLY ATTACHED

Understanding and Working with Preoccupied Attachment

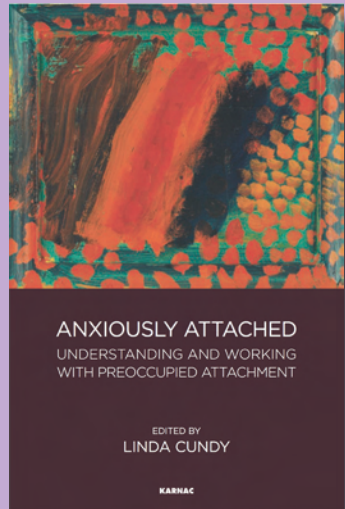
Edited by **Linda Cundy**

Anxiously attached individuals feel chronically insecure and their relationships are often intense, angry, and enmeshed. In the spectrum of anxious attachment, some people tip into states of acute rumination following specific life events, while an extreme manifestation may be thought of as “borderline borderline” – inescapable brooding, raging, and inability to separate. Preoccupied clients can be difficult to work with, and these therapies often feel stuck or end badly.

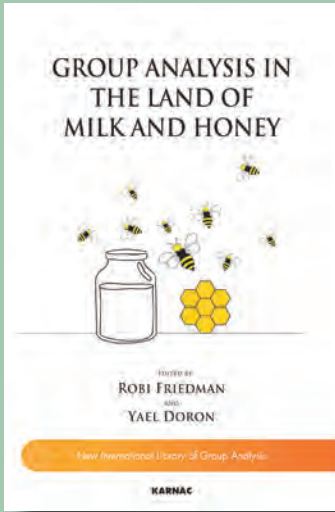
Anxiously Attached contains four papers presented at a conference in February 2016. They address the origins of anxious attachment in specific features of parent-infant relationships, findings from research about developmental aspects, typical features, concerns, and defences in adults, and how these may be presented in psychotherapy. Enmeshed dynamics in adult relationships, including the therapeutic relationship, are also highlighted, where threat of separation and loss activate intense attachment seeking.

The aim is to increase understanding of preoccupied clients from an attachment perspective, to recognise the nature of their anxieties and resistances, and propose specific skills for therapeutic work.

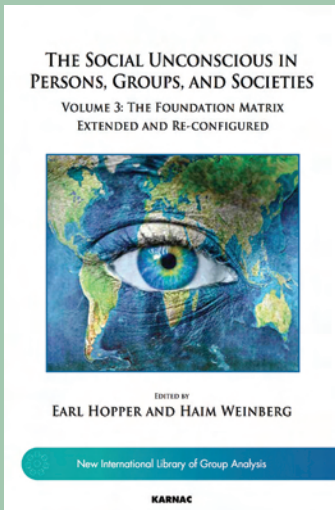
Linda Cundy is an attachment-based psychoanalytic psychotherapist with a private practice in North London. She has taught for two decades on counselling and psychotherapy courses and is also an independent trainer specialising in attachment, human development, and clinical practice.



June 2017 | 128 pages | Demy
9781782205197 | £14.99 / \$24.95



May 2017 | 336 pages | Demy
9781782203568 | £24.99 / \$40.95



August 2017 | 216 pages | Demy
9781782203551 | £28.99 / \$46.95

Group Analysis in the Land of Milk and Honey

Edited by **Robi Friedman** and **Yael Doron**

The New International Library of Group Analysis

A collection of beautifully written clinical essays by group analysts in Israel - a society which suffers from chronic war and violence. Israeli group conductors share their experience and their special skills concerning the reflection of terror and existential anxiety in their group-analytic therapy groups. The editors represent different generations within the Israeli Institute of Group Analysis. They have edited a mesmerising testimony to a vibrant society whose citizens are often in pain.

Robi Friedman is a clinical psychologist and group analyst.

Yael Doron, is a rehabilitation psychologist and group analyst.

The Social Unconscious in Persons, Groups, and Societies

Volume 3: The Foundation Matrix Extended and Re-configured

Edited by **Earl Hopper** and **Haim Weinberg**

The New International Library of Group Analysis

The authors develop the theory of the tripartite matrix, consider music as a form of non-verbal communication as a sub-dimension of the matrix, and to present empirical studies of the matrices of peoples in three societies in the Middle-East. The study of these three volumes will provide an appreciation of the depth and breadth of this field of enquiry, which is at the very heart of the project of Group Analysis.

Earl Hopper is a psychoanalyst, group analyst, certified group therapist, and organisational consultant in private practice in London.

Haim Weinberg is a psychologist, group analyst, and certified group therapist in private practice.

The Tavistock Learning Group

Exploration Outside the Traditional Frame

By **Clive Hazell** and **Mark Kiel**

Clive Hazell and Mark Kiel attempt to expand the heuristic, theoretical, and applied dimensions of Group Relations paradigms by pairing classical Group Relations concepts with typically non-Tavistock psychology paradigms and social sciences concepts. Under the broad domain of psychologically-informed constructs, Lacanian psychoanalysis, existential philosophy and bioenergetics are applied.

Clive Hazell graduated with a doctoral degree in Counseling Psychology from Northwestern University in 1982 and has had a private practice in Chicago since that date.

Mark Kiel is a clinical psychologist and group psychotherapist, and is board certified in Organizational and Business Psychology.

A Bridge Over Troubled Water Conflicts and Reconciliation in Groups and Society

Edited by **Gila Ofer**

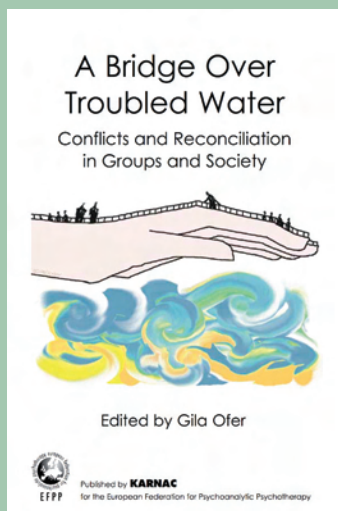
The EFPP Monograph Series

This book throws light on some of society's most intractable problems, generating compassion and understanding in place of hatred and division. If we have mostly become wary of hope and optimism in an embattled world, the message that reconciliation and forgiveness are possible, and that there are practical steps to achieving this, rather than idle dreams, makes this an important book with relevance to all those trying to make sense of present times and finding their role as responsible citizens

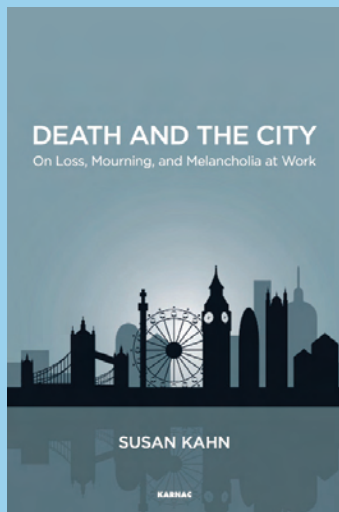
Gila Ofer is a training psychoanalyst and group analyst, a founding member and past president of the Tel Aviv Institute of Contemporary Psychoanalysis, and a founding member of the Israeli Institute of Group Analysis.



May 2017 | 288 pages | Demy
9781782204152 | £27.99 / \$45.95



August 2017 | 256 pages | Demy
9781782205777 | £26.99 / \$43.95



June 2017 | 208 pages | Demy
9781782203544 | £26.99 / \$44.99

Death and the City

On Loss, Mourning, and Melancholia at Work

By **Susan Kahn**

Organisational collapse is part of our vernacular: Enron, Woolworths, Lehman's, Bank of America, Rover, BOAC, Northern Rock – these failures are part of our cultural experience of work. At a time when working lives are often vulnerable and organisational mortality is under threat from technology and the economy the consequences of organizational death are worthy of attention.

Organisations can face many different endings – sharp and brutal, premature, or carefully planned and premeditated – all these endings have emotional collateral damage. Closure, merger, downsizing, redundancy, liquidation, insolvency, administration – this is the dialect of organizational life in a recession driven economy. Such vulnerability at work creates challenges for decision making, operational and communication delivery, as well as the loss and suffering of individuals involved.

This book provides a portrait of an organisation in a palliative state. It transports the analytic concepts of mourning and melancholia and of the death drive into the workplace, and brings this important stream of psychoanalytic thought to the fore as a means of further understanding organisational life.

Death deserves contemplation at a time when organisations are experiencing more exposure to endings than at any time in the last century. The book applies insights from psychoanalysis to provide a deeper awareness and understanding of the experience of these endings.

Susan Kahn is a consultant, coach, and mediator, and a faculty member in the Organisational Psychology Department at Birkbeck, University of London

Lacanian Psychoanalysis with Babies, Children, and Adolescents

Further Notes on the Child

Edited by **Carol Owens** and **Stephanie Farrelly Quinn**

Lacan did not write very much about the psychoanalysis of children. There is no doctrine of the psychoanalysis of children in his work. Instead, his 1956-1957 seminar on 'the object relation' and his 'Note on the Child' of 1969 have been adopted by Lacanian analysts working with children as providing essential coordinates for direction in their clinical work. This book is the result of inviting psychoanalysts of the Lacanian orientation working with children around the globe to theorise and conceptualise that work.

Carol Owens is a psychoanalyst and clinical supervisor in private practice in North Dublin.

Stephanie Farrelly Quinn is a psychoanalytic psychotherapist in private practice in County Louth.

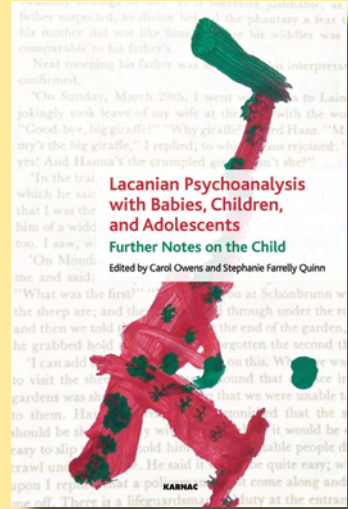
Above the Ground and Beneath the Clouds

Schizophrenia in Lacanian Psychoanalysis

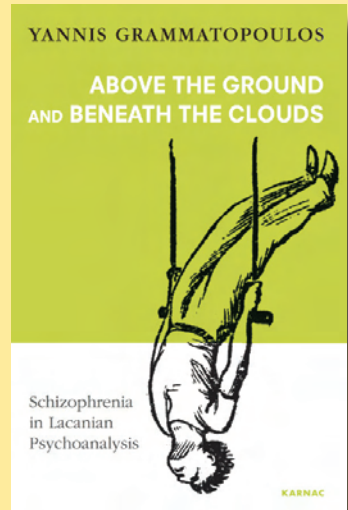
By **Yannis Grammatopoulos**

This book examines the history, conceptualisation, and treatment of the psychotic sub-type of schizophrenia, as this is advocated by psychoanalysis of Lacanian orientation, which is contrasted to modern psychiatry. The book's main focus is the status of the schizophrenic body and language. The ways in which these concepts can be of theoretical and clinical use in contemporary clinical settings are examined throughout.

Yannis Grammatopoulos is a psychologist and psychoanalytic therapist. He is a member of the Hellenic Society of the New Lacanian School.



July 2017 | 320 pages | Demy
9781782204497 | £30.99 / \$50.95



June 2017 | 288 pages | Demy
9781782205166 | £28.99 / \$46.99



July 2017 | 256 pages | Demy
9781782205890 | £28.99 / \$46.95

Regret

Developmental, Cultural, and Clinical Realms

Edited by **Salman Akhtar** and **Shahrzad Siassi**

Missed opportunities, unfulfilled dreams, and broken promises are the stuff of everyday life and so is regret, the emotion that accompanies them. Unlike remorse which is consequent upon the realization that one has hurt a loved one, regret revolves around a wistful sense of having let oneself down. Middle aged and elderly individuals are specially prone to regret; the wish to reverse what one did wrong gets intensified as time left to live becomes shorter. Regret also carries with it the potential of masochistic self-flagellation which conceals the omnipotent belief that things could have been otherwise; the fact that life is what it is thus gets denied and eclipsed.

Salman Akhtar is Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia.

Shahrzad Siassi is a senior faculty member at the New Center for Psychoanalysis and a training and supervising analyst at the Newport Psychoanalytic



May 2017 | 180 pages | Demy
9781782205661 | £23.99 / \$39.95

A Web of Sorrow

Mistrust, Jealousy, Lovelessness, Shamelessness, Regret, Hopelessness

By **Salman Akhtar**

Bringing together the experiences of mistrust, jealousy, lack of love, shamelessness, regret, and despair; this short but far-reaching book elucidates human sorrow in striking sociocultural and clinical details.

Salman Akhtar is Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia.

The New Analyst's Guide to the Galaxy

Questions about Contemporary Psychoanalysis

Edited by **Antonino Ferro** and **Luca Nicoli**

This book consists of a dialogue between a young psychoanalyst, Luca Nicoli, and a renowned teaching analyst, Antonino Ferro. It touches upon many of the key areas of contemporary psychoanalysis: setting, technique, theory, as well as post-Bionian models. Ferro and Nicoli challenge the certainties of orthodoxy, leading the discourse toward the unknown. Both young and experienced analysts will find not only practical advice in this book, but also challenges to their own theoretical and emotional assumptions in the unexplored, ever-changing encounter with the patient.

Antonino Ferro is the president of the Italian Psychoanalytic Society.

Luca Nicoli, psychologist and psychoanalyst, is a member of the SPI and of the IPA.

The Courage to Fight Violence Against Women

Psychoanalytic and Multidisciplinary Perspectives

Edited by **Paula L. Ellman** and **Nancy R. Goodman**

COWAP Psychoanalysis and Women Series

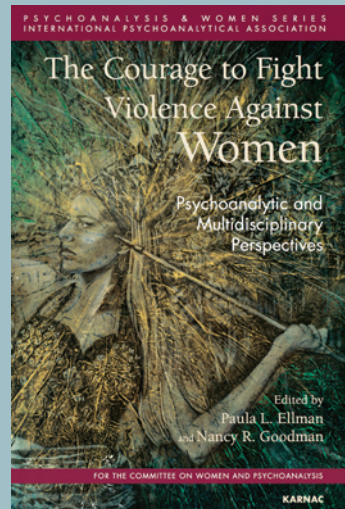
The editors bring psychoanalytic ideas and understanding in an effort to comprehend violence against women. With courage, multiple modalities of intervention become possible. Additionally, psychoanalysts develop psychoanalytic commentary of the presentations, bringing the psychoanalytic mind to the larger arena of the many courageous efforts at fighting violence against women.

Paula L. Ellman is a training and supervising analyst in the Contemporary Freudian Society (CFS) and the IPA.

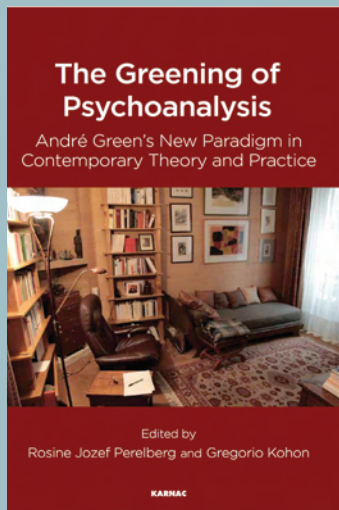
Nancy R. Goodman is a training and supervising analyst with the Contemporary Freudian Society, Washington DC Program and the IPA.



April 2017 | 176 pages | B format
9781782205425 | £19.99 / \$32.95



June 2017 | 304 pages | Demy
9781782204732 | £28.99 / \$46.95



July 2017 | 192 pages | Demy
9781782205623 | £23.99 / \$39.95

The Greening of Psychoanalysis

André Green's New Paradigm in Contemporary Theory and Practice

Edited by **Rosine Jozef Perelberg**
and **Gregorio Kohon**

The influence of André Green on psychoanalysis has been immeasurable. This book brings together a group of eminent psychoanalysts from different parts of the world, all of whom presented the papers included in this volume at the 2015 Conference on 'The Greening of Psychoanalysis'. Every one of these texts conveys a rich sense of continuing a conversation, always creative, albeit challenging, forever engaging and fruitful, with André Green.

Rosine Jozef Perelberg is a fellow and training analyst of the British Psychoanalytical Society and visiting professor in the Psychoanalysis Unit at UCL.

Gregorio Kohon is a fellow and training analyst of the British Psychoanalytical Society and works in London in private practice.



August 2017 | 216 pages | Demy
9781782204749 | £25.99 / \$42.95

The Art of Making Children

The New World of Assisted Reproductive Technology

By **François Ansermet**

This book explores the issues that surround medically assisted reproduction. Advances in assisted reproductive technology are producing a new world whose boundaries and implications have yet to be fully explored and understood. New advances are announced and hit the headlines with dizzying regularity, triggering the hopes and aspirations of some, and the fears of others. What is possible? What are the implications? What should be permissible? Who should decide?

François Ansermet is a psychoanalyst, professor, and head of the Department of Child and Adolescent Psychiatry at the School of Medicine at the University of Geneva.

Psychoanalysis Online 3

The Teleanalytic Setting

Edited by **Jill Savege Scharff**

Library of Technology and Mental Health

A highly topical, continuing conversation on the role of technology in psychoanalysis and its tremendous potential for outreach to patients in the global economy. It describes the essentials of a framework for teleanalysis that is secure in terms both of technology and ethical stance. The technology is a third in the therapeutic alliance and its impact needs to be analysed like every other element in the field.

Jill Savege Scharff is co-founder of the International Psychotherapy Institute; Supervising Analyst at the International Institute for Psychoanalytic Training; Clinical Professor of Psychiatry at Georgetown University; and psychoanalyst and psychotherapist with individuals, couples and families in Maryland.

Who's Behind the Couch?

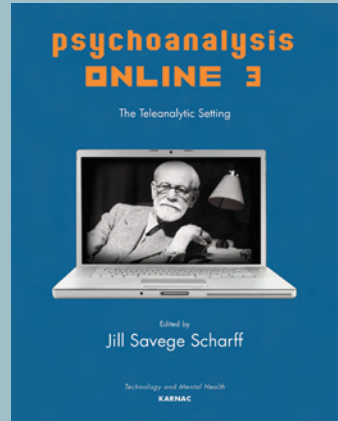
The Heart and Mind of the Psychoanalyst

Edited by **Robert Winer**
and **Kerry L. Malawista**

What is it like to be a working psychoanalyst? And what is it like to be held in the mind of one? These were the questions that led Winer and Malawista to interview seventeen notable analysts from around the world. While this book will be of interest to practitioners, it should also be of interest to those considering or engaging in treatment. At a time when the relevance of psychoanalysis is challenged, personal reflections of the analyst enrich our understanding of the deep and meaningful relationship that illuminates the depth and vibrancy of psychoanalytic practice today.

Robert Winer is a teaching analyst at the Washington Psychoanalytic Institute, where he is chair of the faculty.

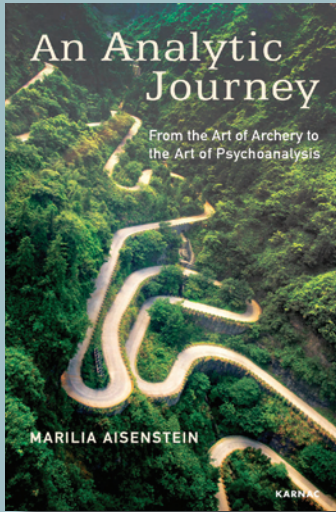
Kerry L. Malawista is a training and supervising analyst at the Contemporary Freudian Society and co-chair of New Directions in Writing at the Washington Center for Psychoanalysis.



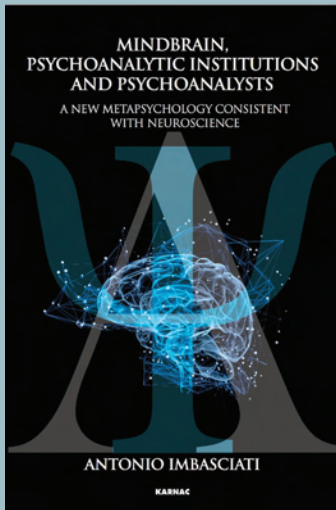
July 2017 | 288 pages | Demy
9781782205180 | £26.99 / \$43.95



June 2017 | 384 pages | Demy
9781782200727 | £33.99 / \$54.95



July 2017 | 256 pages | Demy
9781782205333 | £26.99 / \$43.95



July 2017 | 288 pages | Demy
9781782205159 | £28.99 / \$46.95

An Analytic Journey From the Art of Archery to the Art of Psychoanalysis

By **Marilia Aisenstein**

This book is a journey through almost forty years of practice. Each chapter is independent of the others and develops around a specific theme: psychoanalysis in France, the transference, fathers today, psychic bisexuality, the sick body, human destructivity, and so on. The underlying thread is none the less the question of knowing how the drive operates between the biological body and mental functioning consisting of representations and affects, and, especially, how it gives rise to thinking.

Marilia Aisenstein is a member and training analyst of the Paris Psychoanalytical Society and of the Hellenic Psychoanalytical Society.

Mindbrain, Psychoanalytic Institutions, and Psychoanalysts

A New Metapsychology Consistent with Neuroscience

By **Antonio Imbasciati**

Antonio Imbasciati criticises the isolationism of traditional psychoanalytic associations, compared to those of other branches of psychology, and their suspicion of neuroscience. This book is intended for all those who are interested in how the human mind works: psychotherapists, psychoanalysts, psychologists, psychology students, mental health operators, psychiatrists, social workers and researchers in neuroscience.

Antonio Imbasciati is a Full Member and Training Analyst at the Italian Psychoanalytical Society, and Professor Emeritus of Clinical Psychology in the University of Brescia. He has written over sixty books and over 300 papers on experimental psychology, clinical psychology, and psychoanalysis.

Freud

The Unconscious and World Affairs

By **René Major** and **Chantal Talagrand**

The authors shed a new light on Freud, who from the beginning was aware that the psychoanalytic edifice he was constructing had clear implications for understanding collective human behaviour, including religion, morality, and civilisation. By highlighting Freud's involvement in the political realities of his era, this book draws attention to the inextricable link between psychoanalytic and sociopolitical perspectives. In other words, it includes psychoanalysis in the urgent affairs of the world.

René Major is a psychoanalyst practicing in Paris. He was previously Director of the Institut de psychanalyse de Paris.

Chantal Talagrand is a psychoanalyst practicing in Paris. At the Institut des hautes études en psychanalyse she conducts a seminar on the relation between psychoanalysis, criminology, and law.

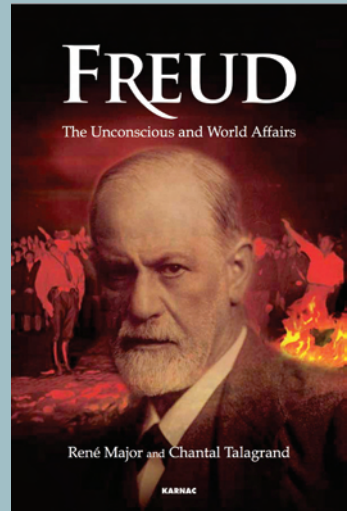
Balint Matters

Psychosomatics and the Art of Assessment

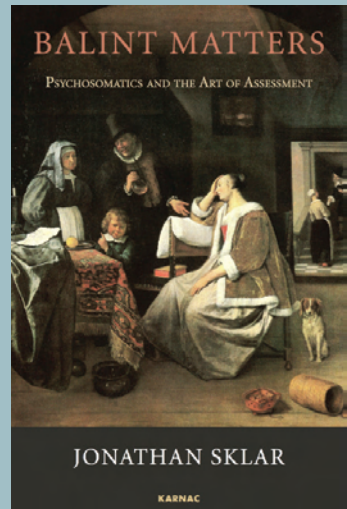
By **Jonathan Sklar**

Jonathan Sklar explores the life and theories of Michael Balint, who kept alive Ferenczi's analytic traditions in Budapest and brought them to London, where they became a vital part of the Independent Group's theory and practice. Balint's theoretical understanding of regression, 'new beginnings', 'basic fault', as well as his profound impact on medicine, are all described. The author argues that Balint's ideas are of particular significance to us today, in our world of quick fixes and the overspecialisation of medicine.

Jonathan Sklar is a training analyst and fellow of the British Psychoanalytic Society. Originally trained in psychiatry at Friern and the Royal Free Hospitals, he worked for four years in psychotherapy at the Tavistock Clinic in London.



June 2017 | 256 pages | Demy
9781782205340 | £26.99 / \$43.95



March 2017 | 254 pages | Demy
9781782204862 | £27.99 / \$45.95

MELTZER IN PARIS



Edited by Jacques Touze

KARNAC

The Harris Meltzer Trust

April 2017 | 254 pages | Demy
9781782203858 | £26.99 / \$48.95

Meltzer in Paris

Edited by **Jacques Touze**

The Harris Meltzer Trust Series

This book focuses on work with children undertaken by the GERPEN (Groupe d'Études et de Recherches Psychoanalytiques pour le développement de l'Enfant et du Nourisson) of Caen and Paris. It is one of a series that record Donald Meltzer's clinical seminars and supervisions, which were conducted in various countries on a regular basis over many years.

With contributions by Catherine Druon, Didier Houzel, Bianca Lechevalier, Ann Levy, Antoine Meyer, Jeanne Pourrinet, and Rosella Sandri.

MELTZER IN SAO PAULO



Edited by Marisa Pelella Melega

KARNAC

The Harris Meltzer Trust

Meltzer in São Paulo

Edited by **Marisa Melega**

The Harris Meltzer Trust Series

Despite his interest in the theoretical advances of psychoanalysis made during what he termed 'The Kleinian Development', Meltzer believed that clinical supervision was the only way to teach psychoanalytic practice. In effect he treated supervision as an art form just as he regarded psychoanalysis as an art form. The library of his supervision work, almost all recorded outside the UK, thus forms a valuable teaching model for future practitioners, as well as demonstrating Meltzer's wealth of insight into both character development and analytic technique.

With contributions by Alfredo Colucci, Celia Fix Korbivcher, Alicia Beatriz Dorado de Lisondo, Martha Maria de Moraes Ribeiro, and Paulo Cesar Sandler.

Doing Things Differently The Influence of Donald Meltzer on Psychoanalytic Theory and Practice

Edited by **Margaret Cohen** and **Alberto Hahn**

The Tavistock Clinic Series

This book celebrates the work of Donald Meltzer, who was such a lively force in the training of child psychotherapists at the Tavistock Clinic for many years. The book represents the harvest of Meltzer's thinking and teaching, and covers such topics as dimensionality in primitive states of mind, dreaming, supervision, and the claustrum.

Margaret Cohen is a child and adult psychotherapist in private practice in London. She worked in the Department of Psychological Medicine at Great Ormond Street and then in the Neonatal Intensive Care Unit and Paediatric Oncology at the Whittington Hospital, London.

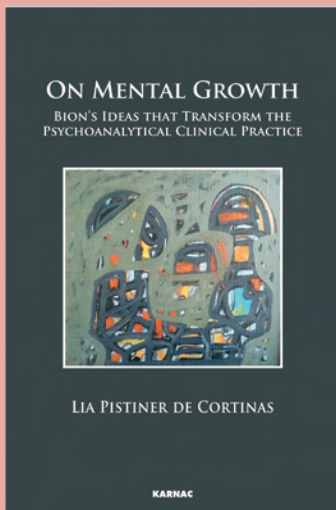
Alberto Hahn is a fellow of the British Psychoanalytical Society and works in private practice in London, teaches at the Tavistock Clinic, and lectures abroad. He is the editor of *Sincerity and Other Works: Collected Papers of Donald Meltzer*.



March 2017 | 288 pages | Demy
9781782204343 | £30.99 / \$50.95



Aug 2017 | 320 pages | Demy
9781782203209 | £29.99 / \$48.95



June 2017 | 224 pages | Demy
9781782203803 | £24.99 / \$40.95

Bion in Brazil Supervisions and Commentaries

Edited by **Jose Americo Junqueira de Mattos**,
Gisele de Mattos Brito, and **Howard B. Levine**

The discovery, translation into English, and publication of these previously unpublished recordings of Bion's clinical supervisions in Sao Paulo, Brazil, with commentaries by leading Brazilian psychoanalysts, gives readers the opportunity to experience for themselves his clinical and theoretical thought as it emerges and evolves through a series of fascinating case discussions.

Jose Americo Junqueira de Mattos is a training analyst in the Brazilian Psychoanalytic Society of São Paulo.

Gisele de Mattos Brito is a full member of the Brazilian Psychoanalytic Society of São Paulo.

Howard B. Levine is a faculty member at the Psychoanalytic Institute of New England East, and supervising analyst at the Massachusetts Institute for Psychoanalysis

On Mental Growth Bion's Ideas that Transform Psychoanalytical Clinical Practice

By **Lia Pistiner de Cortinas**

Psychoanalysis is indebted to Bion for some of its most original moments. He took it to its limits, establishing a dialogue with other disciplines and integrating the arts and sciences. This dialogue generated innovating questions that transformed the psychoanalytical technique. Bion conceived of the mind as a universe expanding, and psychoanalysis as a powerful, disruptive idea. His hypotheses significantly developed psychoanalytical clinical practice through its transformative model of mental growth.

Lia Pistiner de Cortinas is a psychoanalyst, full member and training analyst of the Buenos Aires Psychoanalytical Association, and fellow of the IPA.

Holistic Therapy for People with Dissociative Identity Disorder

Edited by **Patricia Frankish** and **Valerie Sinason**

This book puts forward a model of support for people with DID that provides therapy, staff support, and a safe place to live. It relies upon the ideas of Bowlby by providing a secure base. It also includes staff who are trained to provide a therapeutic environment and also receive support. Together it has been possible to adopt a holistic approach which leads to a significant improvement in quality of life for individuals with DID, and confidence for commissioners and teams in the approach. This book will be invaluable to anyone looking to commission or provide services for this client group.

Pat Frankish is a clinical psychologist and psychotherapist with many years' experience in the field of disability.

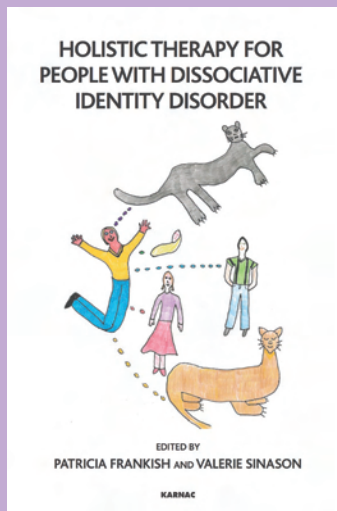
Valerie Sinason is a poet, writer, child psychotherapist and adult psychoanalyst.

An Integrated Approach to Short-Term Dynamic Interpersonal Psychotherapy A Clinician's Guide

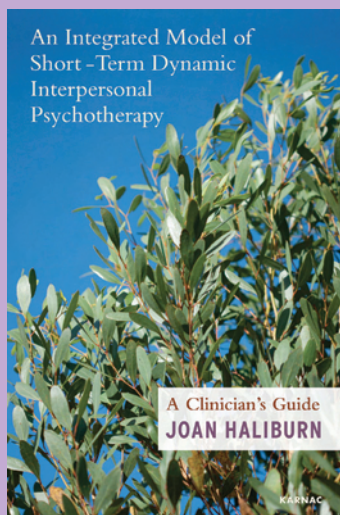
By **Joan Haliburn**

Short-term dynamic interpersonal psychotherapy is an integrated, trauma-informed, contemporary, dynamic way of working with a range of mental health difficulties. Flexible though structured, phase-oriented, focused and time-limited, it is informed by the Conversational Model, Attachment and Interpersonal Theories and Brief Psychodynamic Psychotherapies, which are briefly described. It provides clinicians with a way of working with patients whose difficulties do not warrant long term therapy, who prefer a talking therapy or who have failed cognitive/behaviour therapies.

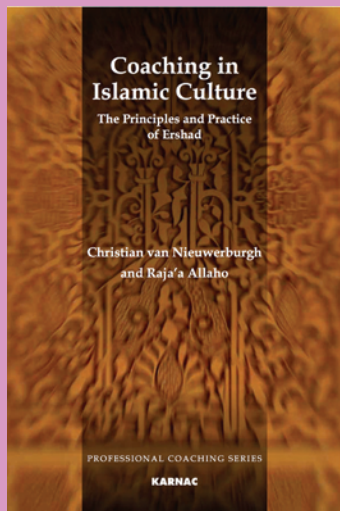
Joan Haliburn is a consultant child, adolescent and family psychiatrist and Fellow of the Royal Australian and New Zealand College of Psychiatry



Oct 2016 | 470 pages | Demy
9781782204619 | £29.99 / \$48.95



July 2017 | 320 pages | Demy
9781782205173 | £29.99 / \$48.95



August 2017 | 192 pages | Demy
9781782201991 | £24.99 / \$40.95

Coaching in Islamic Culture The Principles and Practice of Ershad

By **Christian van Nieuwerburgh**
and **Raja'a Allaho**

A collaboration between two authors who share a passion and commitment for coaching. Its aim is to enthuse readers and provide guidance about the appropriate use of coaching within Islamic culture. The intention is to provide a culturally relevant coaching framework for use in Islamic context, which allows Muslims to develop in ways that are aligned with their faith and traditions.

The complete coaching framework presented here is called Ershad.

Christian van Nieuwerburgh is an executive coach, researcher, educational consultant, and keynote speaker with significant leadership experience in the public sector.

Raja'a Allaho is an executive coach, speaker, trainer, and writer. She has over twenty years of experience in the provision of consultancy, training, and coaching, specialising in people development and performance.

Also in this series

The Cross-Cultural Coaching Kaleidoscope

A Systems Approach to Coaching
Amongst Different
Cultural Influences

By **Jennifer Plaister-Ten**

This book shows a unique approach to describing the impact of culture in the coaching relationship. It demonstrates how culture can affect our perceptions, thoughts and emotions, influence our choices and impact our behaviour.

Jennifer Plaister-Ten is a consultant, coach and facilitator.



Larger than Life

Six Women and their Battle with Obesity as seen through the Eyes of a Dramatherapist

By **Ian Robertson** and **Katerina Couroucli-Robertson**

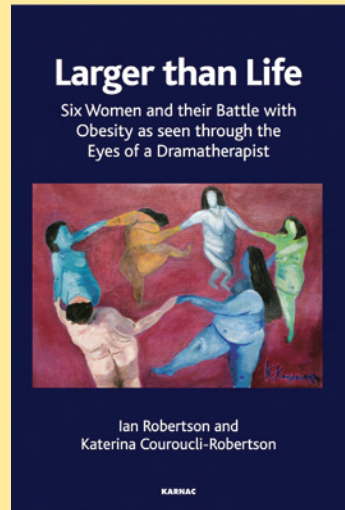
This book is aimed at anyone interested in the causes of obesity and its treatment. It describes a dramatherapeutic intervention of twelve sessions in which six women take part. The reader is taken behind the scenes, and experiences what it means to be overweight or obese - the despair and depression that can result from failed attempts to become slim, as well as the satisfaction and joy that can come from effective therapy.

The book begins with a discussion on the issue of obesity, attitudes to large women through the ages, current ways of dealing with the problem and why psychotherapy might be an effective method of treatment. The six participants in the research are then introduced in the form of an initial interview, in which we find out about their attitudes to food and eating and the problems they face in their everyday lives. This is followed by a discussion of dramatherapy and why it might be an effective means of treating eating disorders.

Then, the twelve sessions are transcribed, including much of the dialogue that takes place, together with an explanation of the activities and a commentary on the progress made by the participants. In an interview at the end of the intervention, the participants talk about the group and what they felt they gained from it. The therapist then summarises what she considers was achieved. Finally, in brief telephone conversations that take place three years later, the possible long-term effects of the intervention are discussed with the participants.

Ian Robertson is a graduate of Trinity College Dublin, and holds an MA from Lancaster University. He lives in Greece, where he works as a teacher, actor, translator and writer.

Katerina Couroucli-Robertson is a psychotherapist with a PhD in Dramatherapy from Surrey University. She is also a teacher in special education, and Head of Studies at the Herma Institute of Dramatherapy and Playtherapy.



June 2017 | 240 pages | Demy
9781782205548 | £26.99 / \$43.95

COUPLE AND FAMILY PSYCHOANALYSIS

Volume 7 Number 1

Spring 2017



An international journal promoting the theory and practice
of working with couple and family relationships from
a psychoanalytic perspective

Couple and Family Psychoanalysis Journal

Couple and Family Psychoanalysis is an international journal sponsored by Tavistock Relationships. It aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective while seeking to provide a forum for disseminating current ideas and research, and for developing clinical practice.

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Organisational and Social Dynamics

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An International Journal for the
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and Group Relations Perspectives

Organisational and Social Dynamics Journal

An international journal for the Integration of Psychoanalytic, Systemic and Group Relations Perspectives. It is sponsored by OPUS (an Organisation for Promoting Understanding of Society). The aim is to contribute to the development of a deeper understanding of organisational and social processes and their effect on the individual. It provides an innovative forum in which writers from psychoanalytic and systemic perspectives can address emerging issues in societies and their institutions. Papers range from case studies, features, and reviews of contemporary social and political events to personal polemics or reflections.

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Attachment Journal

New Directions in Psychotherapy and Relational Psychoanalysis

A cutting-edge journal for clinicians working relationally with their clients. The Journal is a professional journal for psychotherapists and counsellors published by the John Bowlby Centre for Attachment-based Psychoanalytic Psychotherapy. We welcome contributions from colleagues of all clinical orientations that further attachment-based relational psychotherapy and counselling. The Journal is a professional journal, not an academic journal, and as such, we encourage colleagues to submit accounts of clinical work, poems, personal experiences, reviews of books, films, and exhibits, consistent with our values, that they feel can make a contribution to the ongoing development of an attachment and relational approach to clinical work.

Our values for clinical work are:

- We believe that mental distress has its origin in failed or inadequate attachment relationships in early life and is best treated in the context of a long-term human relationship.
- Attachment relationships are shaped in a social world that includes poverty, discrimination and social inequality. The effects of the social world are a necessary part of the therapy.
- Psychotherapy should be available to all, and from the attachment perspective, especially those discriminated against or described as 'unsuitable' for therapy.
- Psychotherapy needs to be provided with respect, warmth, openness, a readiness to interact and relate, and free from discrimination of any kind.
- Those who have been silenced about their experiences and survival strategies need to have their reality acknowledged and not pathologised.

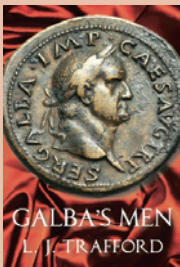
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Having spectacularly grabbed the Imperial throne by way of a very bloody coup, new emperor Otho is horrified to discover that there is an emperor already in place. His name is Aulus Vitellius and he is relaxing himself in Germania whilst his two generals, the twisted Valens and the handsome but dim Caecina, march two colossal armies to Rome to claim his prize.

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EVENTS DIARY

Each year, Karnac has a stall at approximately 10 overseas events and around 30 within the UK and Ireland. Here are the major conferences we will be attending over the next few months.

29th June – 1st July

International Attachment Conference

Putting Attachment Theory to Work

Institute of Education, London

<http://www.iac2017.co.uk>

13th – 15th July

The 18th Annual Congress of the International Neuropsychoanalysis Society

Compulsion to Predict: The Development of the Self

UCL Main Campus, Gower Street, London

<https://npsa-association.org/events/npsa-congress-london-2017>

25th – 29th July

International Psychoanalytical Association 50th Congress

Intimacy

Hilton Buenos Aires, Argentina

<http://www.ipa.world/ipa/congress>

27th – 29th July

World Congress of Transactional Analysis

Boundaries - a place... to meet... to develop... to define identity

Berlin Technical University

<https://tawc2017.berlin/en/>



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SUBMITTING MANUSCRIPTS

Karnac welcomes submissions from all sources and on all relevant topics. Please send us a curriculum vitae, a one-page abstract of the work, an outline of the entire manuscript (table of contents), and one or two sample chapters. Please also outline what the primary market for your book would be; when you would be ready to submit the final manuscript; the approximate number of words in the book.

Please send all submissions to Rod Tweedy at r.tweedy@karnacbooks.com or by post to the address below. We aim to respond to proposals submitted for consideration within two to three months.

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